



Fribbit[®]

Goes to school



Saskatchewan
Association of
Optometrists

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Fribbit Frog is excited for his first day of school, especially because Fribbit's best friend Francis Fox is in the same class.

Fribbit has a belly full of breakfast, a snappy backpack, and super speedy indoor sneakers. Last week, Fribbit went for a check-up at the doctor, took a trip to the dentist, and saw an optometrist for an eye exam. Fribbit's mom says it's important to go for annual eye exams because little critters' eyes change as they grow. Fribbit is definitely ready to go back to school!

Can you help
Fribbit and Francis
get through the
maze to school?



BRRRRRIIIINNNGGGGG!

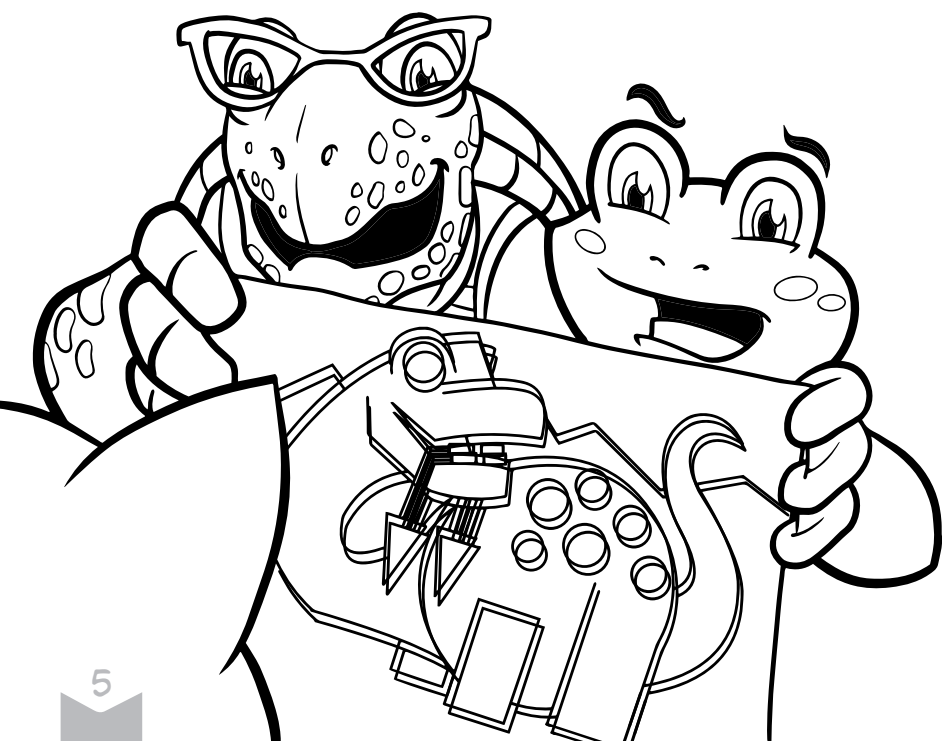
The bell rings. Fribbit and Francis hurry to class. Teacher Turtle asks the students to sit criss-cross-applesauce on the carpet and listen to a story. While Teacher Turtle is reading, Francis finds it hard to see the pictures because Teacher Turtle is at the front of the class and the pictures are all blurry whirly.

Francis thinks that's just how little foxes see. Teacher Turtle asks the class to draw their favourite part of the story. Francis isn't really sure what the story was about, because the pictures were so blurry whirly it was hard to concentrate on the story. Francis decides to draw the same thing as Fribbit.

When you look at the picture, does it look all blurry whirly to you? Can you colour Fribbit's Picture?



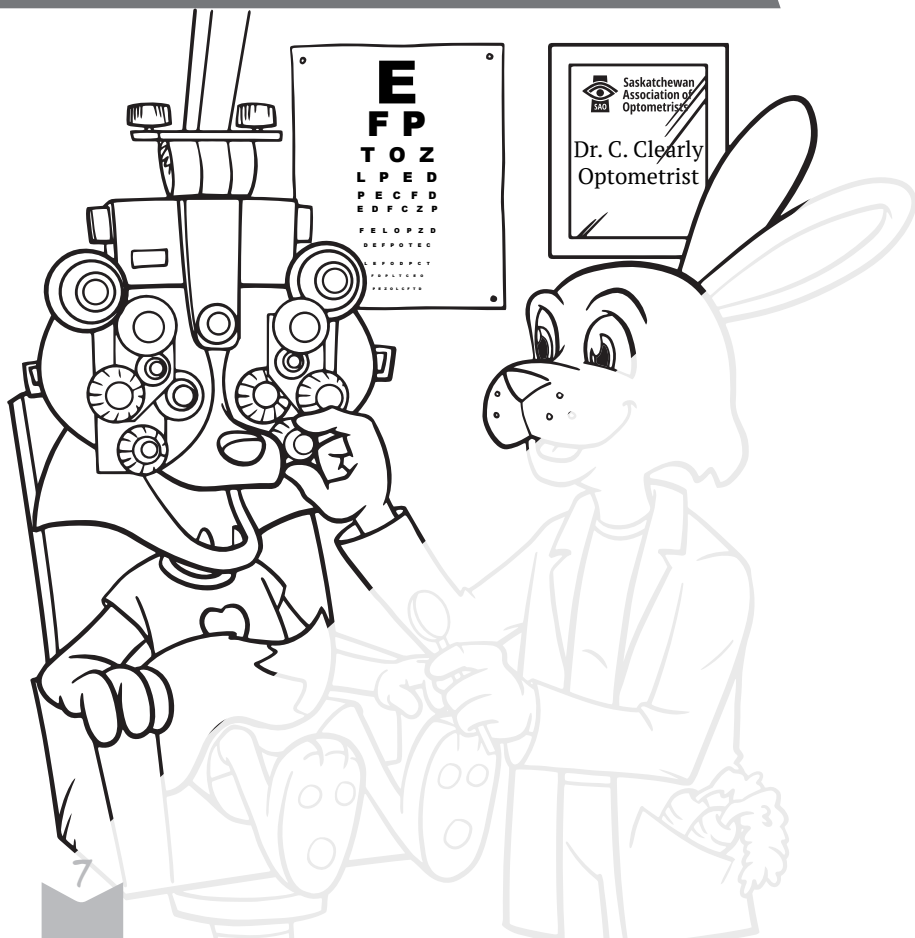
When Fribbit looks at Francis' picture, Fribbit asks Francis why her picture is all blurry whirly. "That's just how little foxes see," says Francis. Teacher Turtle looks at Francis' drawing and asks, "Francis, why is your drawing all blurry whirly?" "That's just how little foxes see," says Francis.



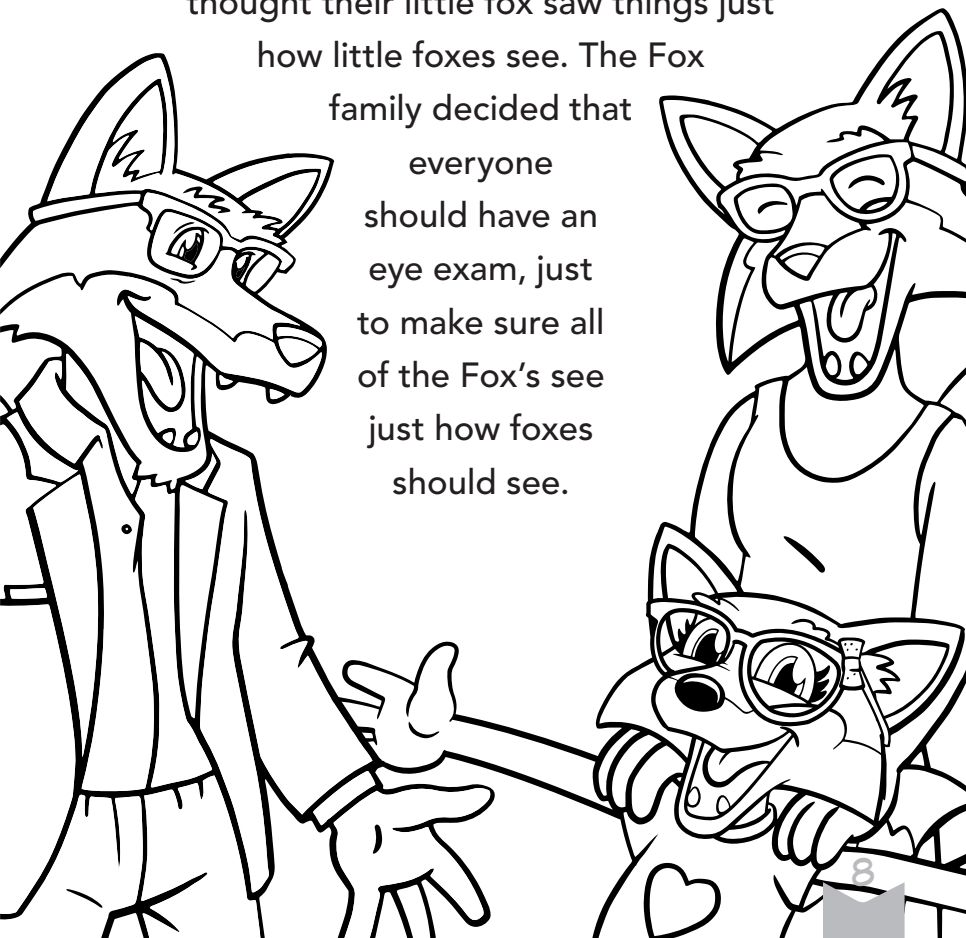
Teacher Turtle looks concerned and suggests that Francis see a special eye doctor called an optometrist for an eye exam. Francis has never been to an eye doctor before. Fribbit knows about eye exams and tells Francis that the optometrist's office is a really fun place. It has lots of neat instruments the optometrist uses to check how well little critters can see and to make sure their eyes are healthy. Francis is super excited to visit the optometrist.

When Francis gets to the optometrist's office, there is a big chair that moves up and down. It's like the seat of a rocket ship! The optometrist, Dr C. Clearly, looks into Francis' eyes with lights and cool instruments. Francis thinks they look like they came from outer space! When Dr C. Clearly shows Francis some pictures, they look all blurry whirly unless Francis closes one eye. Francis thinks that's just how little foxes see.

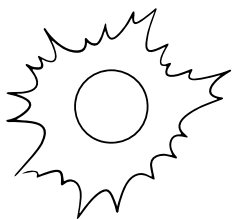
Look at the picture with one
eye closed, then the other. Is
there a difference?
Can you finish the other half of
the picture?



Dr C. Clearly says Francis has healthy eyes, but says Francis is seeing differently out of each eye. This is why when Francis looks at things, they are all blurry whirly. Francis' parents were surprised, because they thought their little fox saw things just how little foxes see. The Fox family decided that everyone should have an eye exam, just to make sure all of the Fox's see just how foxes should see.



Francis picked out a new pair of eyeglasses to make everything look crisp and clear. Now that things aren't all blurry whirly, learning is much easier and a lot more fun. Francis can see the same out of both eyes now, and that's just how little foxes should see.



Can you find all 5 balls
in the picture?
If you can, hooray!



PARENTS,

did you know:



- Saskatchewan Health covers the cost of an annual eye exam for children until the age of 18
- 80% of learning is visual
- 1 in 4 school children has a vision problem
- Children with vision problems are often misdiagnosed as having learning or behavioral issues
- The sooner problems are treated, the more likely they can be corrected
- Children are often unaware they have a vision problem, as they believe what they are seeing is normal

Book an eye exam today!



Learn more about children's eye health and find an optometrist near you at www.eselsk.ca