

Eye See...Eye Learn™ Newsletter Sample

With its ongoing commitment to provide the best opportunities for students to achieve success, your school division is pleased to support an eye health and vision program called Eye See...Eye Learn™.

Children who cannot clearly see the board, focus on a picture, or follow words in a book may not be able to reach their full learning potential. Lazy eye, poor eye tracking, poor focusing or coordination, near or far-sightedness, astigmatism, and colour deficiency are a few examples of why your child should have an eye examination with an optometrist. The optometrist will be able to prescribe eyewear or recommend treatment for your child to help them have the best possible vision to assist them in succeeding at school.



The Saskatchewan Ministry of Health covers the cost of an annual eye examination for children up to the age of eighteen. Your school division recognizes the important link between eye health and learning, and recommends comprehensive eye health examinations for all school-age children.

If you don't currently have a family optometrist, search the yellow page directory, or visit www.ESElSk.ca. If you have any questions or concerns regarding the Eye See...Eye Learn Program, we invite you to call the Saskatchewan Association of Optometrists at [306.652.2069](tel:306.652.2069) or [1.877.660.3937](tel:1.877.660.3937) or email admin@saosk.ca.

Recommended Frequency of Eye Examinations

Birth – 2 years	Infants and toddlers should undergo their first eye examination between the ages of 6 and 9 months
2 – 5 years	Preschool children should undergo at least one eye examination between the ages of 2 and 5 years
6 – 19 years	School children aged 6 to 19 years should undergo an eye examination annually
20 – 39 years	Adults aged 20 to 39 years should undergo an eye examination every 2 to 3 years
40 – 64 years	Adults aged 40 to 64 years should undergo an eye examination every 2 years
65 years+	Adults aged 65 years or older should undergo an eye examination annually