STANDARDS OF PRACTICE

INTERNET & ONLINE DISPENSING OF CONTACT LENSES

Name: Internet & Online Dispensing of Contact Lenses

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Reference:

Optometrists are authorized to prescribe and dispense contact lenses for the treatment of:

- Disorders of refraction or sensory and oculomotor dysfunction of the eye and the vision system
- Diseases or disorders affecting ocular health (e.g. bandage contact lenses)
- Anatomical structural or cosmetic concerns

The provision of this service to patients involves an initial assessment to determine suitability of patients for contact lens therapy, a determination of the parameters of a contact lens appropriate for the patient, and ongoing monitoring of the efficacy of treatment including eye health. Contact lenses are classified by Health Canada as a medical device, not a consumer commodity, and should be treated accordingly.

Upon request, the optometrist is required to provide the patient with a written signed and dated optical prescription that can be used for contact lens therapy by a dispenser of the patient's choice.

When the internet is used in the provision of contact lens therapy the website must:

- Comply with the advertising guidelines as outlined in the Professional Bylaws and Standards of Care
- 2. Identify the website as belonging to a registered member of the Saskatchewan Association of Optometrists
- 3. Collect and record patient information in a private and secure manner as outlined in the Health Information Protection Act (HIPA)
- 4. Identify the physical location of the clinic including address, telephone number and the hours of operation

If a member is provided online services to new patients whom they have not fit for contact lenses they would then be required to:

- Confirm a current and valid optical prescription.
- Ensure appropriate eye health care is being provided for the assessment and follow up.
- Provide a copy of contact lens specifications on request; however, it would not be necessary to provide an optical prescription if the member did not physically fit the patient