



PURCHASING EYEWEAR:

CONTACT LENSES

Optometrists ensure your contact lenses properly correct your vision and attend to your eye health needs.

Our dispensaries offer a wide variety of contact lens styles and brands. However, not all contact lenses are created equal. It is important to remember that every contact lens product is unique and designed for a particular purpose. This includes everything from material, curvature, fit, oxygen permeability, deposit resistance, moisture content and lifespan. It is never recommended to switch the brand of lenses you are using without consulting a licensed eye care professional. Buying your contact lenses from an optometrist will ensure you achieve optimal vision, comfort and eye health.

By working with your optometrist, you will have certainty of:

- The proper contact lens prescription, curvature, and modality based on lifestyle needs, and measurements of your eye curvature, tear chemistry and prescription
- The appropriate selection of a care system and solutions based on compatibility with different lens materials and compatibility with your eyes
- Professional monitoring to ensure optimum eye health, good vision and comfortable wear
- Updates with new lens technology that may better suit your particular vision needs or lifestyle demands

See your optometrist annually to monitor the health of your eyes and receive a personal consultation on your contact lens needs. This includes seeking immediate care if you experience any discomfort or vision change, and reporting any problems that may arise.

BUYING CONTACT LENSES ONLINE

Purchasing contact lenses online comes with risks to your vision and eye health. Contact lenses are medical devices that sit directly on your corneas, and lenses that don't fit correctly, or are not properly used and cared for, can cause serious damage to your eyes. Some online sites do not verify the prescription. Without proper verification, you risk wearing an optically incorrect or improperly fitting lens. Many online sites — including those based in Canada — sell products that have not been approved by Health Canada, and the safety of these lenses has not been tested. Your optometrist will only fit lenses approved by Health Canada to ensure that your lenses are authentic, accurate and safe to wear.

SASKATCHEWAN ASSOCIATION OF OPTOMETRISTS

102-202 Wellman Crescent | Saskatoon, SK | S7T 0J1

Phone: 306.652.2069 | Toll-free: 1.877.660.3937