



Eye See...Eye Learn[®] Program

Teacher Instruction Sheet

Your school division has approved the Eye See...Eye Learn program. The program's goal is to ensure there are no visual barriers preventing children from reaching their full learning potential.

Your participation in this program means more students will be able to progress confidently and know good vision and eye health are important components to learning!

Every Teacher is provided with the following (packaged in sets of 30):

- * Eye See...Eye Learn Parent/Guardian Pamphlets for each Pre-K, Kindergarten, and Grade 1 student.
Your school division provided us with their projected enrolments. Should you require additional copies, please contact the ESEL Program Coordinator and more will be provided to you. This brochure has been designed to educate students and their parents about the importance of eye health
 - * Eye See...Eye Learn coloring books for every student in their classroom
This booklet has been designed as a fun and educational tool. You may choose to incorporate the coloring books into your classroom curriculum as you wish (e.g. daily exercise, homework assignments, a classroom story book)
 - * Eye See...Eye Learn tattoos for a bonus reward for every student
- * A Classroom Activity Kit (including over 70 pages of additional resources), a classroom roster, and a supply order form can be easily downloaded from the Eye See...Eye Learn page at www.optometrists.sk.ca

Steps to Promoting the Eye See...Eye Learn Program

1. Familiarize yourself with the Eye See...Eye Learn materials and the importance of identifying and treating visual problems early so children have a better opportunity to learn.
2. Introduce and distribute the Eye See...Eye Learn pamphlet to each child. *Three-way conferences provide an excellent opportunity to communicate to parents.*
3. If a child has NOT obtained an eye examination within the past 12 months, parents/guardians should be encouraged to book an appointment with an optometrist. A full list of optometrists can be found on the "Find an Optometrist" feature at www.optometrists.sk.ca or in the yellow page section of the DirectWest phone book under "Optometrists".
4. If a child has obtained an eye examination, no further action is required.
5. If a visual problem is diagnosed during the eye appointment, the optometrist will ensure the child and the parents are provided with an Eye Health and Vision Report to be provided to the child's teacher should they wish to modify their teaching approaches.

For inquiries contact the Eye See...Eye Learn Program Coordinator at admin@saosk.ca or 1.877.660.3937/306.652.2069.

Common Questions

What is involved with a child's eye exam?

Eye examinations are not painful. Components of an eye exam will determine the health of the eye, the ability for the eyes to work and move properly together, to focus accurately, and shift from near to far distances. Even though a child can see 20/20 in the distance, this does not guarantee a child can see print clearly up close.

Does a child need to know how to read to have an eye examination?

Knowing the alphabet or knowing how to read is not necessary. Optometrists are trained to conduct eye examinations on any age child. In fact, parents are encouraged to obtain an eye examination for babies as early as six months of age.

Is an appointment required for an eye exam?

Similar to a dentist or a family doctor, making an appointment is necessary. The optometrist's office staff will assist in booking a convenient time and many offer extended business hours.

I don't have an optometrist, how do we find a family optometrist?

Most optometrists are taking new patients. Simply call their office directly to book an appointment. To locate an optometrist, consult the yellow pages of your local phone book directory, visit www.optometrists.sk.ca and use the 'search' function to find an optometrist in your area, or call the Saskatchewan Association of Optometrists at 1.877.660.3937.

Won't a child tell me if he or she is having problems seeing?

Children don't know what 'normal' is supposed to look like and not all vision problems have a symptom. Children are naturally adaptive and unknowingly will compensate which could cause permanent visual impairments; however, there is improved success if early treatment is received.

What is the cost of an eye exam?

The Ministry of Health covers the cost of an annual eye examination for all Saskatchewan children under the age of eighteen.



Eye See...Eye Learn[®] Program Teacher Feedback

Thank you for participating in the Eye See...Eye Learn Program. Your feedback is very important to continue to grow and improve the program. Please take a moment to complete this short survey.

1. Please indicate the school division you teach in: _____
2. Is this the first year you have been involved in the Eye See...Eye Learn program? _____ Yes _____ No
3. Do you feel your students benefit from the Eye See...Eye Learn program? _____ Yes _____ No
4. Do you have any comments or suggestions you would like to share? _____

Please return your comments by fax to 306.652.2642 or admin@saosk.ca. Thank you for your participation!